

New Life Yoga Class Schedule September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		9am-10:15am Moderate Flow Kathy	8am-9am Back Care Kimberly	9am-10:15am Moderate Flow Kathy	8am - 9am Gentle Flow Kathy	9am-10am Moderate Flow Linda
	*Experience recommended			9/13 6-7:15 PM Gentle Sound Linda	9:15-10:15 Moderate Flow Kimberly	10:15-11:15 Gentle Flow April
6pm-7:00pm Gentle Flow Kathy	6:00-7:15 *Power Flow Chris	6pm-7pm Gentle Flow Linda	6:30-7:45 ModerateFlow Kimberly	9/27 6-7:15 PM Rock N Yoga Kathy		
			7pm-8pm Randy Meditation			

CONTACT INFORMATION:

Email: newlifemarlboro@gmail.com

Phone: 508-485-0521

Website: www.newlifemarlboro.com

THANK YOU FOR COMING BY AND WE ARE SORRY IF WE MISSED YOU!

Our studio is open 30 minutes prior to the start of classes.

You will be greeted by a knowledgeable staff member at our front desk at that time.

On days where classes are back-to-back, the building is open; however, the yoga studio will have a class running, and the buffer time between classes is 15 minutes.

Please contact us if you have any questions or if you'd like to schedule a tour.

